



Status: 35-40 Hours/Hourly

Job Title: Prep Cook

Salary Range: \$13-15 per hour

Location: 711 Route 17th North, Carlstadt, NJ 07072

ABOUT CARIBBEAN DELICACIES

Our mission is to produce and market healthy, safe, and tasty Caribbean foods.

We combine healthy and clean ingredients with Caribbean recipes to yield some of the best delicacies in Caribbean cuisine. Finally, we pride ourselves in safe culinary practices with an emphasis on food integrity.

Position Overview

Caribbean Delicacies is seeking a Prep Cook to assist with our operations in our retail location in Carlstadt, NJ. The right candidate is very energetic with strong work ethic, pleasant personality, and teamwork commitment. Our Prep Cook will help us with a variety of duties.

General Responsibilities

- **Prepare all our food products based on recipe and methods**
- **Maintain a high level of food integrity and quality**
- **Receive and store all produce, meat, flour, rice and other products**
- **Maintain a clean and safe kitchen**
- **Control waste**
- **Maintain a clean and safe kitchen**
- **Attend all meetings**
- **Communicate any ideas or problems to Head Chef On Duty**

- **Maintain all equipment and utensils**
- **Organize all areas of the kitchen**
- **Label and date all products according to instructions**
- **Communicate and work with other team members**
- **Be punctual and solid attendance**

Qualifications

- **Excellent verbal and written communication**
- **Proficient with kitchen equipment and utensils**
- **Strong Time Management & Emotional Intelligence**
- **HS Diploma or College Credits**
- **Serve Safe certification Required**
- **Kitchen Experience Preferred**

How to apply- Email Resume to Info@CDelicacies.com

Caribbean Delicacies is an equal opportunity employer.